

City of

Laguna Hills

Memorial Day

Half Marathon



5K Run/Walk • 10K Run • Kids 1/2 Mile Run • Diaper Dash

Honoring the United States Marine Corps Dark Horse Battalion

Weekend Schedule & Locations

Saturday, May 26, 2012

Sunday, May 27, 2012

Registration and Packet Pick-Up

12:00 noon - 4:00 pm

Road Runner Sports (Oakbrook Village Center)

24291 Avenida De La Carlota, Laguna Hills CA 92653



Monday, Memorial Day, May 28, 2012

5:30 am - Registration & Packet Pick-Up Opens

6:50 am - Memorial Day Opening Ceremonies

7:00 am - Half Marathon, 5K & 10K Starts (LH Mall)

7:30 am - 11:30 - Community Expo (LHCC)

8:30 am - Kids Registration Opens

9:30 am - Kids Half Mile Race (start 3-5 min waves)

9:45 am - Diaper Dash Starts 3 years old & under

Start Line, Day of Registration

(Half Marathon 5K and 10K Only)

Calle de la Louisa (street) between Laguna Hills Mall and Saddleback Memorial Hospital

Finish Line, Kids Runs & Community Expo

Laguna Hills Community Center (LHCC)

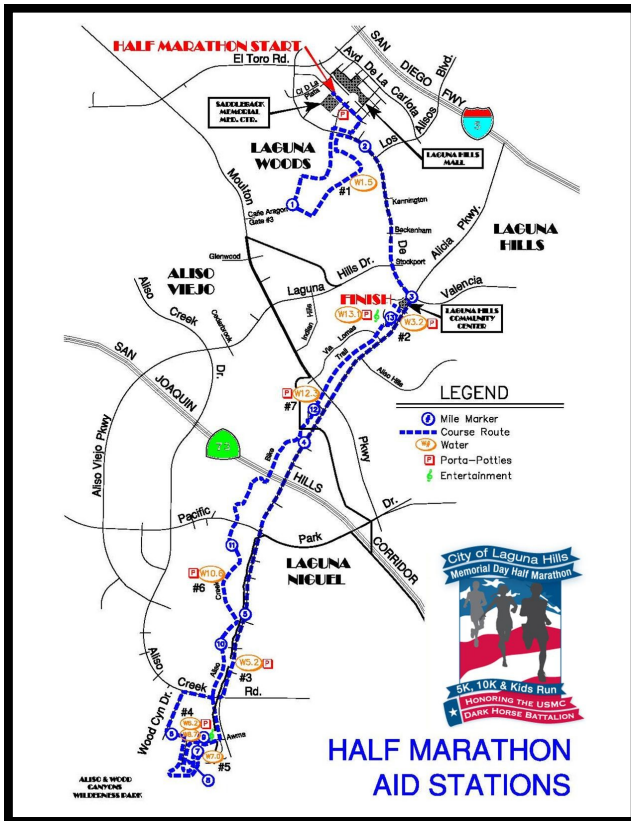
25555 Alicia Parkway

Laguna Hills, CA 92653



Laguna Woods Village.

Special thanks to Laguna Woods Village for supporting the runs. More information on City of Laguna Woods & Laguna Woods Village at www.LagunaWoodsVillage.com



Half Marathon Information

All Half Marathon, 5K & 10K participants MUST start the race no later than 7:15 am. Later arrivals will not be permitted to officially start the race. The half marathon welcomes runners and walkers that are able to finish the course within a 4.0 hour time limit, requiring a minimum pace of 18 minutes per mile. The course will begin to break down at 10:30 am and the finish line will begin to break down at 11:00 am. Half Marathon finishers after 11:00 am will still receive their finishers award and have their time recorded until 1 pm. Water stations will be located at 1.5, 3.3, 5.3 6.2, 7.0, 8.7, 10.6, 12.3 mile points on the course. Electrolyte solution will be available at 6.2, 8.7, 10.6 and 12.3 miles.

Strollers are welcome on the course.

Download maps and other important information at www.LagunaHillsHalfMarathon.com • (949) 975-8506

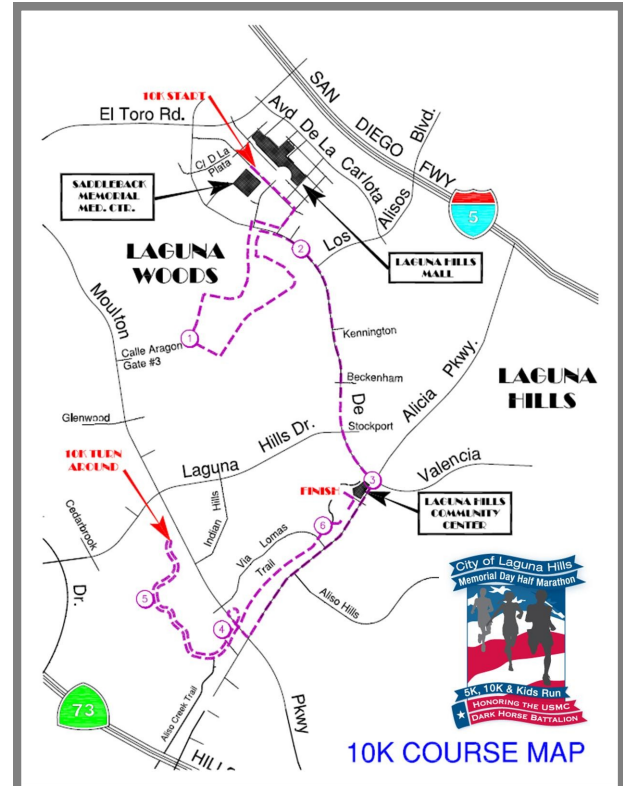
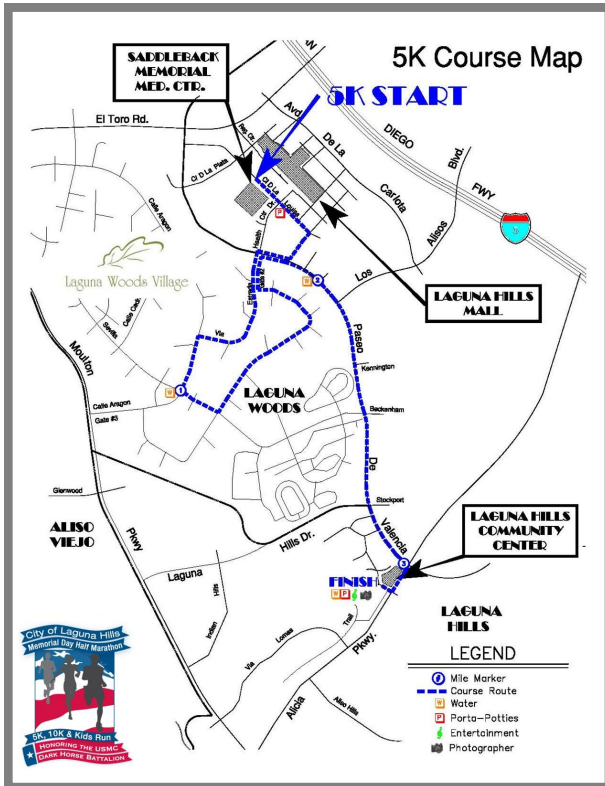
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5K Course Map

NEW for 2012 10K Course Map



Runners Gear

Course Information

Drop off your personal belongings at the start line in the Laguna Hills Mall parking lot (right in front of Registration). Items must be dropped no later than 7:30 am in order to be transported to the finish line. Belongings may be picked up at the finish line, beginning at 8:30 am. Runners must provide their bib number to claim your bag. A limited number of bags will be available for participants but it is recommended participants bring their own bags. Tape and markers will be provided to mark bags. Please do not include items of value including: cell phones, keys, credit cards or money. The race is not responsible for lost or missing items.

The Half Marathon, 5K and 10K all will start from the Laguna Hills Mall.
5K Run/Walk will travel through Laguna Woods Village and finish at the Laguna Hills Community Center
10K Run will travel the same first 3 miles as the 5K but once the race turns onto Alicia Parkway it will continue to Moulten Parkway and transition to the Aliso Creek Bike trail for an out and back section before returning to the Laguna Hills Community Center.
Half Marathon will have same first 3 miles as the 5K & 10K. On Alicia Parkway the half marathon will continue down to Aliso & Woods Canyon Park then enter the Aliso Creek Trail and back to LH Community Center.

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Parking

Start Line Parking

Laguna Hills Mall, Laguna Hills CA 92653

Half Marathon 5K & 10K participants must park at the start line!

From I-5 North

Exit El Toro Road and turn left

- Turn left on Avenida de la Carlota
- Follow the signs to parking

From I-5 & I-405 South

Exit El Toro Road and proceed straight through the traffic light

- Follow the parking signs

Finish Line, Kids Runs & Community Expo

Laguna Hills Community Center

25555 Alicia Parkway, Laguna Hills, CA 92653

From I-5 North or South

Exit Alicia Parkway and head west

- Turn right on Paseo de Valencia
- Turn left on Hawk Highway for parking at the Laguna Hills High School and Laguna Hills Community Center
- Additional parking is available on Paseo de Valencia south of Alicia Parkway in designated areas
- **Do Not Park in Ralph's Center or on Alicia Parkway, You Will Be Towed.**

Shuttle Information

There are no pre-race shuttles! In order to ensure a prompt start time of 7:00 am for the Half Marathon, 5K & 10K, participants are asked to park at the LH Mall (start line).

Post race shuttles will begin running from the finish line, in front of LH High School (Hawk Hwy) to the start line at 8:30 am. Shuttles will run continuously until 12:00 noon.

Volunteers

Not Ready to Run or Walk the event but you still want to help?

Calling all volunteers! Over 400 volunteers are needed in order to put on this great event! All volunteers will receive a free t-shirt, meal, and community service hours! Please call 949-975-8506 or email questions@lagunahillshalfmarathon.com for more information.

Beer Garden

Join us for the BJ's Restaurant and Brewhouse Beer Garden supporting the South County Outreach. Tickets are just \$10 and include 2 beers. Buy your tickets on line or call the office to purchase.



The City of Laguna Hills adopted the 3rd Battalion, 5th Marine Regiment, of the 1st Marine Division. This infantry battalion, nicknamed "DARKHORSE" is based out of Camp Pendleton. The City of Laguna Hills intends to donate \$3 per race participant to the 3/5 Support Committee.

For more information on the 3/5 Battalion Support Committee go to web.me.com/lh35darkhorse

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