



2010  
12TH ANNUAL

# Laguna Hills Memorial Day



- Half Marathon
- 5K Run/Walk
- Kid's 1/2 mile Run
- Diaper Dash

**HALF MARATHON & 5K**

Community expo featuring live entertainment  
interactive booths and food!

**MAY 31, 2010**

[www.LagunaHillsHalfMarathon.com](http://www.LagunaHillsHalfMarathon.com)

**949.975.8506**

Complete and mail entry and non-refundable fee by May 18 to:

**BY MAIL:** City of Laguna Hills Memorial Half Marathon & 5K,  
25555 Alicia Parkway, Laguna Hills, CA 92653  
**BY FAX:** 949.707.2688

Official Use Only			

(Please print clearly - OK TO PHOTOCOPY)

Name (first/last) \_\_\_\_\_

M F Age Race Day Birthdate

Address \_\_\_\_\_

City State Zip

Phone t-shirt size Y M S M L XL

E-mail \_\_\_\_\_  
Necessary for entry confirmation

Credit Card Number Only MC or VISA (please circle) 3-Digit Code (back of card)

Signature \_\_\_\_\_

Exp Date Billing Zip Code

**Teams:** If part of a team, each team member must complete an individual entry form. Mail together to The City of Laguna Hills Half Marathon & 5K. Please identify team captain. Online team registration and discounts available for teams of 30 or more, call 949.975.8506 for details.

**DIVISION:** (circle one): Corporate, Military, Track Club, Public, Safety, Open

Team Name: \_\_\_\_\_

Team Captain: \_\_\_\_\_

**FEES:**

<b>Half Marathon</b>	Until 3/06/10.....\$50 _____
	Until 5/17/10.....\$55 _____
	After 5/17/10..... \$65 _____
<b>5K Run/Walk</b>	Until 3/06/10.....\$22 _____
	Until 5/17/10.....\$25 _____
	After 5/17/10..... \$28 _____
<b>Kids 1/2 Mile Run</b>	Until 3/06/10.....\$12 _____
	Until 5/17/10.....\$15 _____
	After 5/17/10..... \$18 _____
<b>Kids Diaper Dash</b>	..... \$12 _____

**CHECK ONE:**

- Kids 1/2 Mile Run
- Diaper Dash
- Half Marathon
- 5K Run/Walk
- Laguna Woods and Village Residents 5K

**WAIVER:** In consideration for being permitted to register and to participate in the 2010 Memorial Day Half Marathon and 5K ("Event") hosted by the City of Laguna Hills ("City") on May 31st 2010, I hereby acknowledge that such activities are potentially dangerous and involve the risk of serious injury and that I should not enter and participate unless I am medically able and properly trained, and I hereby release, waive, and discharge the City, its officers, employees, representatives, and agents, the Laguna Hills Mall, the County of Orange, Saddleback Memorial Medical Center, the City of Laguna Woods, the City of Aliso Viejo, the City of Laguna Niguel, the Golden Rain Foundation, all event sponsors and promoters, and Renegade Racing (collectively, the "Releasees") from any and all liability to myself, my personal representatives, assigns, heirs, and next of kin for any and all loss or damage, and any claim or damages therefore on account of my participation in this Event, or any other related activities that may occur, whether caused by the negligence of the Releasees or otherwise.

I further hereby assume full responsibility for any risk of bodily injury, death, or property damage, arising out of or related to participation in the Event, whether foreseen or unforeseen and whether caused by the negligence of the Releasees or otherwise. I also am aware of and assume all risks associated with participating in this Event, including but not limited to falls, contact with other race participants, and the effect of weather, traffic, and road conditions.

I further acknowledge that any injuries received may be compounded or increased by negligent medical attention or procedures of the Releasees and agree that this Waiver and Release of Liability and Assumption of Risk Agreement extends to all acts of negligence by Releasees in providing such medical attention and is intended to be as broad and inclusive as permitted by the laws of the State of California in which the activities are conducted and that if any portion thereof is held invalid, it is agreed that the balance shall continue in full legal force and effect. I understand that the entry fee is non-refundable and non-transferable. I permit the use of my name and picture in broadcasts, telecasts, newspapers, brochures, and/or other promotional materials.

I have read this Waiver and Release of Liability and Assumption of Risk Agreement, fully understand its terms, understand that I have given up substantial rights by signing it, am aware of its legal consequences, and have signed it freely and voluntarily without any inducement, assurance, or guarantee being made to me and intend my signature to be a complete and unconditional release of all liability of Releasees to the greatest extent allowed by law.

X \_\_\_\_\_  
Signature of participate (parent or guardian if under 18 years of age) Date

